



You've recently been referred to **Dr. Heather Stanley-Christian** because you are pregnant or trying to conceive, and you and/or your doctor have concerns about the health of you and your baby. Now what?

Well, the first thing to do is relax. The second thing, is to schedule your appointment! Thirdly, relax some more: It's very common for pregnant women, when they hear of a concern, to let their imaginations run wild. Often, they try to self-diagnose, playing "web doctor" by Googling everything about their concerns. Rarely is this helpful: Remember, you are an important, unique individual with specific challenges on your own personal journey. There's not a one-size-fits-all for any condition or concern.

Dr. Heather Stanley-Christian will join your medical care team providing specialized insight in the fields of Maternal Fetal Medicine and Genetics. She is widely known to be an advocate who will be with you every step of the way.



Unity Maternal Fetal Medicine

17323 Pagonia Road
Suite 227
Clermont, FL 34711

Phone: (352) 404-5544

Fax: (352) 404-5912

Hours:

Monday - Friday:
7:30am - 4:30pm

Saturday:
By appointment only

Learn more at
www.Unitymfm.com



UNITY
MFM

Unity Maternal
Fetal Medicine

Specialized care for your personal journey

Dr. Heather Stanley-Christian
For determining or caring for your at-risk pregnancy

Why are you in the best hands with Dr. Stanley-Christian?

Qualified and gentle, supportive and caring, Dr. Stanley-Christian is a triple board-certified MD (OB/GYN, Maternal-Fetal Medicine, Clinical Genetics). All Maternal-Fetal Medicine specialists are obstetricians, but not all obstetricians are Maternal-Fetal Medicine specialists, like Dr. Stanley-Christian. Specializing in at-risk pregnancies, she has the knowledge, experience, and compassion you and your baby deserve. With her background in genetics, she will help you determine whether your pregnancy is at-risk and devise a care plan specifically for you and your baby.

Why have you been referred to Dr. Stanley-Christian?

There are many reasons why you could have been referred. It could be because of your age, weight or a health condition. We recommend asking your doctor for the reasons for the referral. Irrespective of those, however, know that seeing Dr. Stanley-Christian is a step in the right direction for you and your baby. She's extremely qualified to help with your at-risk condition and/or possible at-risk pregnancy.

How should I prepare for my visit?

Plan to be with Dr. Stanley-Christian for at least an hour for your first visit. Come with any questions you have — it may help to have them written down, so you don't forget anything you would like to ask.

If you have not yet scheduled your appointment with Dr. Stanley-Christian, you may do so by contacting her office at

(352) 404-5544

Learn more at www.Unitymfm.com

What should I expect for my first visit?

Dr. Stanley-Christian's first step will be a thorough health evaluation to assess the level of risk for your pregnancy journey. Your initial visit may include:

- Ultrasound
- Advanced lab testing
- Assessment of your current state of health
- Or other methods of assessment

She may make recommendations for additional medical specialists and collaborators to join your care team. One thing is for certain, you can expect to leave Dr. Stanley-Christian's office with an understanding of a personalized care plan that is unique to your journey.

Will my insurance cover my appointment?

Most insurance will cover obstetric referrals. Our office will work with you on securing pre-authorization for your appointment. If your insurance plan does not cover your appointment, payment options are available.

Why did Dr. Stanley-Christian get into fetal medicine?

Dr. Stanley-Christian's maternal grandmother was a midwife, which may have led Dr. Stanley-Christian, who knew at 10 years old that she wanted to be a doctor, to specialize in the field of obstetrics. Years later, when she was blessed with her own pregnancy, she experienced first hand the importance of the doctor-patient connection. While her doctor was wonderful, Dr. Stanley-Christian noticed many opportunities to improve aspects of her own prenatal care. Flash forward to graduation from medical school at Yale University, she brought her specialized training and personalized approach to patients throughout the country. Now, she is proud to call Clermont her home and welcomes future moms and families to her practice.

What is it about Dr. Stanley-Christian that makes her so special to her patients?

Dr. Stanley-Christian, herself, is unclear of her magical concoction that makes patients feel so at ease, cared for and supported. She meets people where they're at, she says, and it may be this empathic resonance that allows her to help others.

Here's what some patients have said about her:

Thank you for making our visit with you the best I have ever experienced! Your care and compassion is what "bedside" manner is all about! It's nice to know health care providers like you exist! Thanks again! - *J.E.*

Your infectious + warm personality are like a breath of fresh air and rare in the medical field. - *K.A.*

Thank you for looking after me so well. Your kindness and compassion helped my partner and me through a very difficult time in our lives. We are both coming to terms with our loss and feeling optimistic about the future. - *E.K.*

Your ears should constantly be ringing for the many times I think of you. The girls are growing fast! And I love being a mom. - *C.A.*

Specialized care for your personal journey